

Cracked Why Psychiatry Is Doing More Harm Than Good

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Overlevingspakket voor de psychiatrie Peter C. Gøtzsche 2021-02-04 Het grote publiek gelooft dat medicijnen tegen depressie en psychose meer kwaad dan goed doen, net als opnames op psychiatrische afdelingen of in inrichtingen. En dat is ook zo, blijkt uit wetenschappelijk onderzoek. Tóch slikken de meeste mensen jarenlang medicijnen tegen psychische aandoeningen. Dat komt voornamelijk omdat ze niet meer zonder medicijnen kunnen. Honderden miljoenen mensen zijn door psychiaters en andere artsen afhankelijk gemaakt van psychofarmaca. Bovendien hebben die artsen vrijwel niets gedaan om hun patiënten de inname op een veilige manier te laten afbouwen, wat vaak heel moeilijk is zonder hulp. In dit boek legt internationaal gezaghebbend expert Peter C. Gøtzsche uit hoe schadelijk psychofarmaca zijn en hoe mensen er veilig mee kunnen stoppen. Ook geeft hij mensen met psychische problemen adviezen over hoe ze kunnen voorkomen dat ze langdurig patiënt blijven en dat ze tien tot vijftien jaar van hun leven eraan kwijt zijn.

Users and Abusers of Psychiatry Lucy Johnstone 2021-09-23 Users and Abusers of Psychiatry is a radically different, critical account of day-to-day practice in psychiatric settings. Using real-life examples and her own experience as a clinical psychologist, Lucy Johnstone argues that the traditional way of treating mental distress can often exacerbate people’s original difficulties, leaving them powerless and re-traumatised. She draws on a range of evidence to present a very different understanding of psychiatric breakdown than that found in standard medical textbooks, and to suggest new ways forward. The extended introduction to this Classic Edition brings the book up to date by revisiting its themes and tracing the changes in mental health practice over the last three decades. The book’s accessibility and clarity have ensured that it remains a classic in a growing field, and it is as relevant today as when it was first published. Users and Abusers of Psychiatry is a challenging but ultimately inspiring read for all who are involved in mental health – whether as professionals, students, service users, relatives or interested lay people.

Essentials of Mental Health Nursing Karen Wright 2018-02-20 This ground-breaking textbook gathers contributions from service users, expert practitioners and leading academics to help students develop the core knowledge and skills they need to qualify as mental health nurses. Focusing in particular on helping students apply person-centred, compassionate and recovery-focused care, service-user voices and practical case studies are integrated throughout the book. Students are also given a rounded understanding of the key debates they will face in practice through the exploration of both bio-medical and psycho-social approaches. Key features include: Voices and case studies from real practising nurses and students help students apply knowledge to practice. Critical thinking activities, debates, and ‘What’s the Evidence’ summaries help students develop higher level critical thinking and evidence based practice skills. Further reading and free SAGE journal articles facilitate independent learning. Online MCQs and Flashcards make revision simple and fun. The free interactive ebook gives students the freedom to learn anywhere! Online Lecturer resources: free MCQs, video debates, SAGE journal articles and more, which can be used for flipped classroom activities or lectures to make teaching more interactive.

Mental Health in Crisis Joel Vos 2019-04-27 At a time of huge pressures on mental health services, this highly topical, broad-ranging and thought-provoking analysis of the mental health crisis examines the current challenges in mental health service delivery and access using a range of perspectives (political, economic, and cultural, organisational issues). It then puts forward a number of alternatives, reviewing both current and alternative initiatives, and exploring what is needed for a mentally healthy society.

Mental Health in Crisis Joel Vos 2019-04-15 At a time of huge pressures on mental health services, this highly topical, broad-ranging and thought-provoking analysis of the mental health crisis examines the current challenges in mental health service delivery and access using a range of perspectives (political, economic, and cultural, organisational issues). It then puts forward a number of alternatives, reviewing both current and alternative initiatives, and exploring what is needed for a mentally healthy society.

De schok van de val Nathan Filer 2013-06-06 'De schok van de val' van de Britse auteur Nathan Filer is een boek dat iedereen ontroert en achterlaat met een glimlach. De negenjarige Matthew en zijn broer Simon sluipen tijdens hun vakantie stiekem s nachts naar buiten. Alleen Matthew komt veilig terug. Tien jaar later heeft hij nog steeds moeite met de gebeurtenissen van die nacht. Wat begint als een vertelling van een wanhopige jongen, verandert in het verhaal van een moedige jongeman die op zoek is naar een manier om de herinnering aan zijn broer levend te houden. Nathan Filer heeft met 'De schok van de val' een ontroerend, hartverwarmend en universeel portret over verlies, liefde en familie geschreven. Met 'De schok van de val' heeft hij de Costa Book Award 2013 gewonnen.

Niet te filmen! Sophie Kinsella 2015-07-15 Een angststoornis maakt het dagelijks leven van de veertienjarige Audrey behoorlijk lastig. Ze heeft baat bij de gesprekken met haar psycholoog, maar ze komt pas echt tot bloei wanneer ze Linus ontmoet, een teamgenoot van haar oudere broer. Linus snapt haar. Audrey kan met hem over haar angsten praten zoals ze dat nog nooit met iemand anders heeft kunnen doen. Sophie Kinsella schreef een inspirerende jeugdroman waarin vriendschap, romantiek en humor de weg naar herstel zijn voor een meisje dat te kampen heeft met fobieën. Ze wordt daarbij geholpen - en soms gehinderd - door haar chaotische familieleden. The Pill That Steals Lives - One Woman’s Terrifying Journey to Discover the Truth About Antidepressants Katinka Newman 2016-07-07 While going through a divorce, documentary filmmaker Katinka Blackford Newman took an antidepressant. Not unusual – except that things didn’t turn out quite as she expected. She went into a four-day toxic psychosis with violent hallucinations, imagining she had killed her children, and in fact attacking herself with a knife. Caught up in a real-life nightmare when doctors didn't realise she was suffering side effects of more pills, she went into a year-long decline. Soon she was wandering around in an old dressing gown, unable to care for herself, and dribbling. She nearly lost everything, but luck stepped in; treated at another hospital, she was taken off all the medication and made a miraculous recovery within weeks. By publicising her story, Katinka went on to make some startling discoveries. Could there really be thousands around the world who kill themselves and others from these drugs? What of the billions of dollars in settlements paid out by drug companies? Could they really be the cause of world mass killings, such as the Germanwings pilot who took an airliner down, killing 150, while on exactly the same medication as the author when she became psychotic? And how come so many people are taking these drugs when experts say they are no more effective than a sugarcoated pill for people like her, who are distressed rather than depressed? Moving, frightening and at times funny, this is the story of how a single mum in Harlesden, North-West London, juggles life and her quest for love in order to investigate Big Pharma.

For more information visit www.thepillthatsteals.com

Wat is waanzin Darian Leader 2012-05-22 In de geschreven media, op tv, in soaps of films wordt waanzin altijd uitgebeeld als iets extreems: gewelddadige uitbarstingen, toevallen of hallucinaties. Maar als waanzin nu eens helemaal niet is wat wij denken dat het is? Als het eerder regel dan uitzondering is? Als de kenmerken van waanzin niet zichtbaar zijn en eigen aan de doorsneeburger? Psychoanalyticus Darian Leader begint en eindigt zijn betoog met het geval van de Britse arts Harold Shipman, een massamoordenaar die kennelijk zo 'normaal' was dat sommige patiënten zelfs na zijn veroordeling nog door hem behandeld wilden worden. In een uiterst lucide en confronterend betoog onderzoekt Leader onopvallende krankzinnigheid en laat hij zien dat ons begrip van waanzin herziening behoeft.

In Search of Madness Brendan Kelly 2022-04-14 Who is ‘Mad’? Who is Not? And Who Decides? In this fascinating new exploration of mental illness, Professor Brendan Kelly examines ‘madness’ in history and how we have responded to it over the centuries. We travel from the psychiatric institutions of modern India to scientific studies of the brain in Victorian England. We discover the beginnings of formal asylum care and witness the experimental therapies of the cavernous psychiatric hospitals of the nineteenth and early twentieth centuries in Ireland, England, Belgium, Italy, Germany and the United States. Covering lobotomy and the Nazis’ Aktion T4 campaign, as well as Freud, psychoanalysis, cognitive behavioural therapy and neuroscience, In Search of Madness examines the shift in recent times from ‘psychobabble’ to ‘neurobabble’. This is an all encompassing history of one of the most basic fears to haunt the human psyche – madness – and it concludes with a passionate manifesto for change: four proposals to make mental health services more effective, accessible and just.

Excel data-analyse voor Dummies Stephen L. Nelson 2003

The Philosophy Clinic Stephen J. Costello 2017-01-06 This collection of essays and interviews highlights the modern movement of 'philosophical practice'. Taking their cue and call from Socrates' summons to 'know thyself', contemporary philosophical counsellors and practitioners have returned to the ancient understanding of philosophy as consolation and contemplation, as a life directed to the loving search for wisdom and clarity. Socrates and the Stoics continued this tradition, seeing philosophy primarily as a practical way of living in alignment with oneself and the logos. Thus interpreted, philosophy is a path, teaches a method more than pronounces a thesis, and issues a living praxis devoted to daily spiritual exercises whose aim is nothing less than the transformation of the self – a metamorphosis of the personality. This conception of philosophy’s essence was lost, but was later retrieved by certain philosophers, such as Viktor Frankl and Ludwig Wittgenstein, in the twentieth-century, who have unleashed and uncovered philosophy’s original therapeutic impulse and intent. As such, this book will prove of inestimable value to philosophers, psychologists, psychotherapists, psychiatrists, counsellors, clients, and students of these disciplines.

Deadly Psychiatry and Organised Denial Peter C. Gøtzsche 2015-08-31 DEADLY PSYCHIATRY AND ORGANISED DENIAL explains in evidence-based detail why the way we currently use psychiatric drugs does far more harm than good. Professor, Doctor of Medical Science, Peter C. Gøtzsche documents that psychiatric drugs kill more than half a million people every year among those aged 65 and above in the United States and Europe. This makes psychiatric drugs the third leading cause of death, after heart disease and cancer. Gøtzsche explains that we could reduce our current usage of psychotropic drugs by 98% and at the same time improve patients' mental and physical health and survival. It can be difficult, however, to come off the drugs, as many people become dependent on them. As the withdrawal symptoms can be severe, long-lasting and even dangerous, slow tapering is usually necessary. In his book, Gøtzsche debunks the many myths that leading psychiatrists - very often on drug industry payroll - have created and nurtured over decades in order to conceal the fact that biological psychiatry has generally been a failure. Biological psychiatry sees drugs as the "solution" for virtually all problems, in marked contrast to the patients' views. Most patients don't respond to the drugs they receive but, unfortunately, the psychiatrists' frustrations over the lack of progress often lead to more diagnoses, more drugs and higher doses, harming the patients further.

Psychiatry Reconsidered H. Middleton 2015-06-17 Psychiatry suffers a lot of criticism, not least from within its own scientifically founded medical world. This book provides an account of mental health difficulties and how they are generally addressed in conventional medical circles, alongside critical reviews of the assumptions underpinning them to encourage more humanitarian perspectives.

The Sedated Society James Davies 2017-01-23 This edited volume provides an answer to a rising public health concern: what drives the over prescription of psychiatric medication epidemic? Over 15% of the UK public takes a psychiatric medication on any given day, and the numbers are only set to increase. Placing this figure alongside the emerging clinical and scientific data revealing their poor outcomes and the harms these medications often cause, their commercial success cannot be explained by their therapeutic efficacy.Chapters from an interdisciplinary team of global experts in critical psychopharmacology rigorously examine how pharmaceutical sponsorship and marketing, diagnostic inflation, the manipulation and burying of negative clinical trials, lax medication regulation, and neoliberal public health policies have all been implicated in ever-rising psycho-pharmaceutical consumption. This volume will ignite a long-overdue public debate. It will be of interest to professionals in the field of mental health and researchers ranging from sociology of health, to medical anthropology and the political economy of health.

De zin van het bestaan Viktor E. Frankl 1978 Een psycholoog beleeft het concentratiekamp & een inleiding tot de logotherapie -- on cover.

Beyond Hope Stephen J. Costello 2020-10-12 Drawing on a host of philosophers such as Arthur Schopenhauer, Gabriel Marcel, Josef Pieper, Paul Ricoeur, Viktor Frankl, Eric Voegelin, Bernard Lonergan, Roger Scruton, John Caputo, and Ludwig Wittgenstein, as well as theologians like Hans Urs von Balthasar, Karl Rahner, Hans Küng, Pope Benedict XVI and Pope Francis, this book argues passionately for the place of hope as the 'beyond' of both a will-o'-the-wisp, facile optimism, on the one hand, and a world-weary, fatuous pessimism, on the other. Drawing on the philosophy of Advaita Vedanta in the concluding chapter, it suggests that only by living from the Self as distinct from the ego can we know ultimate peace and experience the bliss of being that is beyond both hope and happiness. These philosophical reflections are both timely, as the publication appears amid the Coronavirus crisis, and wise. It is warmly recommended for its breadth and depth of knowledge. This book will appeal to students of both Eastern and Western philosophy, as well as spiritual seekers.

Sedated James Davies 2021-06-03 In Britain alone, more than 20% of the adult population take a psychiatric drug in any one year. This is an increase of over 500% since 1980 and the numbers continue to grow. Yet, despite this prescription epidemic, levels of mental illness of all types have actually increased in number and severity. Using a wealth of studies, interviews with experts, and detailed analysis, Dr James Davies argues that this is because we have fundamentally mischaracterised the problem. Rather than viewing most mental distress as an understandable reaction to wider societal problems, we have embraced a medical model which situates the problem solely within the sufferer and their brain. Urgent and persuasive, Sedated systematically examines why this individualistic view of mental illness has been promoted by successive governments and big business - and why it is so misplaced and dangerous.

Psychology Gone Wrong Tomasz Witkowski 2015-01-29 Psychology Gone Wrong: The Dark Sides of Science and Therapy explores the dark sides of psychology, the science that penetrates almost every area of our lives. It must be read by everyone who has an interest in psychology, by all those who are studying or intend to study psychology, and by present and potential clients of psychotherapists. This book will tell you which parts of psychology are supported by scientific evidence, and which parts are simply castles built on sand. This is the first book which comprehensively covers all mistakes, frauds and abuses of academic psychology, psychotherapy, and psycho-business.

Mental Health and Well-Being Neil Thompson 2018-10-16 Mental Health and Well-Being provides a sound foundation for understanding alternatives to the medical model of mental health. Students and professionals alike will find an easy to understand overview of critiques of the dominant medical model of mental health and well-being, both longstanding and more recent, and will come away from the book with a more theoretically sound, holistic conception of mental health and well-being. Written by an experienced mental health expert and replete with practical anecdotes, exercises, and examples to help readers apply the book’s material, this book offers an essential foundation for developing more humane mental health practices.

Cracked James Davies 2013-05-09 Why is psychiatry such big business? Why are so many psychiatric drugs prescribed – 47 million antidepressant prescriptions in the UK alone last year – and why, without solid scientific justification, has the number of mental disorders risen from 106 in 1952 to 374 today? The everyday sufferings and setbacks of life are now ‘medicalised’ into illnesses that require treatment – usually with highly profitable drugs. Psychological therapist James Davies uses his insider knowledge to illustrate for a general readership how psychiatry has put riches and medical status above patients’ well-being. The charge sheet is damning: negative drug trials routinely buried; antidepressants that work no better than placebos; research regularly manipulated to produce positive results; doctors, seduced by huge pharmaceutical rewards, creating more disorders and prescribing more pills; and ethical, scientific and treatment flaws unscrupulously concealed by mass-marketing. Cracked reveals for the first time the true human cost of an industry that, in the name of helping others, has actually been helping itself.

A Manifesto for Mental Health Peter Kinderman 2019-10-08 A Manifesto for Mental Health presents a radically new and distinctive outlook that critically examines the dominant ‘disease-model’ of mental health care. Incorporating the latest findings from both biological neuroscience and research into the social determinants of psychological problems, Peter Kinderman offers a contemporary, biopsychosocial, alternative. He warns that the way we care for people with mental health problems is creating a hidden human rights emergency and he proposes a new vision for the future of health organisations across the globe. The book highlights persuasive evidence that our mental health and wellbeing depend largely on the society in which we live, on the things happen to us, and on how we learn to make sense of and respond to those events. Kinderman proposes a rejection of invalid diagnostic labels, practical help rather than medication, and a recognition that distress is usually an understandable human response to life’s challenges. Offering a serious critique of establishment thinking, A Manifesto for Mental Health provides a well-crafted demonstration of how, with scientific rigour and empathy, a revolution in mental health care is not only highly desirable, it is also entirely achievable.

This Book Will Change Your Mind About Mental Health Nathan Filer 2019-12-19 'I cannot recommend it highly enough.' Caitlin Moran 'Brimms with compassion and wit.' Cathy Rentzenbrink 'Absolutely blew me away.' Jo Brand 'Brilliant . . . I love it.' Philippa Perry 'I have never read a more powerful book about mental health.' Joanna

Cannon A journey into the heartland of psychiatry. This book debunks myths, challenges assumptions and offers fresh insight into what it means to be mentally ill. And what it means to be human. This Book Will Change Your Mind About Mental Health was previously published in 2019 under the title The Heartland.

Verbinding verbroken Johann Hari 2018-08-21 Wat is de echte oorzaak van depressie en wat is een echte oplossing? Johann Hari lijdt al sinds zijn puberteit aan depressies, en begon ook al jong met het nemen van antidepressiva. Hem – en velen met hem – werd verteld dat zijn probleem werd veroorzaakt door een chemische onbalans in zijn hersenen. Eenmaal volwassen, en gewapend met sociaalwetenschappelijke kennis, begon hij te onderzoeken of dit wel klopt. Hij kwam terug met een radicaal ander verhaal over de oorzaken van onze pijn, en over hoe we onze weg terug kunnen vinden. Verbinding verbroken is een baanbrekend boek over de vraag wat ons nu écht ziek maakt, oplossingen aandraagt en onze kijk op depressie voorgoed verandert. 'Wijs, diepgaand en genereus: dit boek staat vol explosieve onthullingen over onze wanhoopsepidemie. [...] Hoe meer mensen dit boek lezen, hoe beter de wereld eraan toe zal zijn.' – Naomi Klein 'Dit is een verbijsterend boek, dat ons hele denken over een van de grote kwesties van deze tijd op de schop neemt. Hari stelt de grote vragen en geeft grote antwoorden – antwoorden die veel te lang genegeerd zijn. Je kunt de grote vloek van deze tijd niet doorgronden zonder dit boek.' – The Guardian 'Als je ooit neerslachtig bent geweest, of je verloren hebt gevoeld, dan zal dit verpletterende boek je leven veranderen.' – Elton John 'Een geweldige en scherpe analyse van depressie en vervreemding.' – Hillary Clinton

Cultural Perspectives on Mental Wellbeing Natalie Tobert 2016-09-21 As human migration brings an ever more diverse range of people, cultures and beliefs into contact, Western medical systems must adapt to cater for the different approaches it encounters towards illness, the body, gender, mental health and death. Based upon training courses taught by the author to staff at hospitals, mental health professionals, and on degree courses, this complete resource provides an essential foundation for understanding the complex and manifold approaches to medicine and health around the world. An awareness of this diversity moreover allows healthcare professionals to better engage with their patients and offer them satisfactory care and support in the future.

Psychiatric Hegemony Bruce M. Z. Cohen 2016-11-21 This book offers a comprehensive Marxist critique of the business of mental health, demonstrating how the prerogatives of neoliberal capitalism for productive, self-governing citizens have allowed the discourse on mental illness to expand beyond the psychiatric institution into many previously untouched areas of public and private life including the home, school and the workplace. Through historical and contemporary analysis of psy-professional knowledge-claims and practices, Bruce Cohen shows how the extension of psychiatric authority can only be fully comprehended through the systematic theorising of power relations within capitalist society. From schizophrenia and hysteria to Attention-Deficit Hyperactivity Disorder and Borderline Personality Disorder, from spinning chairs and lobotomies to shock treatment and antidepressants, from the incarceration of working class women in the nineteenth century to the torture of prisoners of the 'war on terror' in the twenty-first, Psychiatric Hegemony is an uncompromising account of mental health ideology in neoliberal society.

Hoe verandert internet je manier van denken? John Brockman 2012 Korte essays van vooraanstaande denkers.

Supporting children when parents separate Murch, Mervyn 2018-07-04 After years of research and reflection on the work of the interdisciplinary family justice system Mervyn Murch offers a fresh approach to supporting the thousands of children every year who experience a complex form of bereavement following parental separation and divorce. This stressful family change, combined with the loss of support due to austerity cuts, can damage their education, well-being, mental health and long-term life chances. Murch argues for early preventative intervention which responds to children's worries when they first present them, without waiting until things have gone badly wrong. His radical proposals for reform involve a much more coordinated and joined up approach by schools, the Children and Family Court Advisory and Support Service, and Child and Adolescent Mental Health Services. This book encourages practitioners and academics to look outside their professional silos and to see the world through the eyes of children in crisis to enable services to offer direct support in a manner and at a time when it is most needed.

Mental Health Uncertainty and Inevitability Hugh Middleton 2017-02-07 This book offers original knowledge, debate, and understanding from frontline fieldwork data and the relations between mental health difficulties, mental healthcare provision, and social theory. Dominant discourse of the last half century has followed a medical perspective. This has marginalised contributions from social science. Furthermore purely medical approaches to mental healthcare have profound shortcomings. Thus, this book draws upon innovative research findings to rejuvenate the relationship between psychiatry and social science. It frames this by reference to certain inevitable and uncertain elements of mental health which characterise this field. Over nine chapters the volume is a unique contribution to several intersecting areas of intellectual enterprise, research, and learning — as well as a source of insight into how mental health practice and policy might be modified and improved. As a result, it appeals to a wide range of audiences including social scientists, mental health practitioners, mental health researchers, social theorists, mental health service users, and policy-makers.

Values and Ethics in Mental Health Alastair Morgan 2015-11-02 Mental health is the one area of health care where people are often treated against their will, with the justification that it is in their own interest. This raises significant ethical questions and value dilemmas; questions of autonomy, human rights, power and treatment. An understanding of how values matter is of vital importance across all disciplines working within the mental health field. This book provides a comprehensive and exploratory text for practitioners, students and all those interested in developing a knowledge of both ethics and the wider framework of values-based practice. It is unique in being fully co-written by authors representing both service user and service provider perspectives. This exciting new text will enable the mental health practitioner to work more co-productively with service users within a humane and just approach to care. With an emphasis on rights-based compassionate care throughout, this book: - Tackles the issues of how mental health is understood through key theoretical debates about mental distress, values and labelling; - Encourages readers to think critically about their understanding of key issues such as recovery, autonomy, power, knowledge, diagnoses and empathy; - Draws on a wide range of case examples and exercises to help readers deepen their knowledge of values-based practice and ethics in mental health.

Happiness Andy Cope 2017-10-19 Happiness, calm and enlightenment need not be elusive concepts which we hear of in theory but are never able to capture. This funny, practical book by Andy Cope, the UK's first Dr of Happiness, will show you how to transform your thinking, change gear and find a fresh new perspective that will leave you better focused on the things that matter, much healthier and a great deal happier. Happiness is the definitive route map that shows you not only where, but also how. It teaches you to harness your thoughts, memories, ideas and attention to embrace 'now', experience more joy and live a truly flourishing life. This book is a wake-up call to stop skimming the surface of life, take charge of your attitude and set your path for enlightenment. Buckle up. You can expect peril, thrills, science and lots of laughter along the way.

Antidepressed Beverley Thomson 2022-01-04 A COMPREHENSIVE WAKE-UP CALL FOR PATIENTS AND PROFESSIONALS Antidepressed breaks down the growing issue of antidepressant use, harm and dependence—how we got to this point, what's happening worldwide every single day, and most importantly, where we go from here. Providing information that both patients and mental health professionals desperately need, Antidepressed exposes the holes in mental health systems and highlights the desperate need for reform. Featuring compelling accounts from real people whose lives have been irrevocably harmed by prescription antidepressants,

Antidepressed provides proof that there is no such thing as a magic pill—and that pretending otherwise risks the lives and well-being of those who need help the most.

Reimagining Therapy through Social Contextual Analyses Bernard Guerin 2022-07-29 This book attempts to 'shake up' the current complacency around therapy and 'mental health' behaviours by putting therapy fully into context using Social Contextual Analysis; showing how changes to our social, discursive, and societal environments, rather than changes to an individual's 'mind', will reduce suffering from the 'mental health' behaviours. Guerin challenges many assumptions about both current therapy and psychology, and offers alternative approaches, synthesized from sociology, social anthropology, sociolinguistics, and elsewhere. The book provides a way of addressing the 'mental health' behaviours including actions, talking, thinking, and emotions, by taking people's external life situations into account, and not relying on an imagined 'internal source'. Guerin describes the broad contexts for current Western therapies, referring to social, discursive, cultural, societal, and economic contexts, and suggests that we need to research the components of therapies and stop treating therapies as units. He reframes different types of therapy away from their abstract jargons, offering an alternative approach grounded in our real social worlds, aligning with new thinking that challenges the traditional methods of therapy, and also providing a better framework for rethinking psychology itself. The book ultimately suggests more emphasis should be put on 'mental health' behaviours as arising from social issues including the modern contexts of extreme capitalism, excessive bureaucracy, weakened discursive communities, and changing forms of social relationships. Practical guidelines are provided for building the reimagined therapies into clinics and institutions where labelling and pathologizing the 'mental health' behaviours will no longer be needed. By putting 'mental health' behaviours and therapy into a naturalistic or ecological social sciences framework, this book will be practical and fascinating reading for professional therapists, counsellors, social workers, and mental health nurses, as well as academics interested in psychology and the social sciences more generally.

De leugen van Jonas Woldemariam Dinaw Mengestu 2011-11-17 De ouders van Jonas Woldemariam zijn zo goed als vreemden voor elkaar wanneer ze trouwen in een door geweld verscheurd Ethiopië. Ze brengen de eerste jaren grotendeels gescheiden door, een hereniging volgt in de VS. Hun gezamenlijke leven daar verwordt tot een soort continue wederzijdse haat die eindigt in een scheiding. Drie decennia later treedt hun zoon Jonas in de voetsporen van de huwelijksreis van zijn ouders van Peoria, Illinois, naar Nashville – een poging om te doorgronden wat hem tot een bijna pathologische leugenaar heeft gemaakt en tot iemand die het emotioneel verdoofd zijn als overlevingsstrategie gebruikt. Mengestu schetst een verpletterend psychologisch portret van recente immigranten in de VS, onzeker en vervreemd, met een wens om erbij te horen en erin te passen, terwijl er tegelijkertijd de rouw is om het verlies van hun familie, culturele erfenis en sociale status. Een hartverscheurend, onsentimenteel meesterwerk. Met De leugen van Jonas Woldemariam maakt Mengestu alle hooggespannen verwachtingen over zijn tweede roman meer dan waar.

Mindfulness and Buddhist-Derived Approaches in Mental Health and Addiction Edo Shonin 2015-11-13 This book provides a timely synthesis and discussion of recent developments in mindfulness research and practice within mental health and addiction domains. The book also discusses other Buddhist-derived interventions – such as loving-kindness meditation and compassion meditation – that are gaining momentum in clinical settings. It will be an essential text for researchers and mental health practitioners wishing to keep up-to-date with developments in mindfulness clinical research, as well as any professionals wishing to equip themselves with the necessary theoretical and practical tools to effectively utilize mindfulness in mental health and addiction settings.

A Prescription for Psychiatry P. Kinderman 2014-09-03 This is a manifesto for an entirely new approach to psychiatric care; one that truly offers care rather than coercion, therapy rather than medication, and a return to the common sense appreciation that distress is usually an understandable reaction to life's challenges.

Routledge International Handbook of Critical Mental Health Bruce M.Z. Cohen 2017-09-22 The Routledge International Handbook of Critical Mental Health offers the most comprehensive collection of theoretical and applied writings to date with which students, scholars, researchers and practitioners within the social and health sciences can systematically problematise the practices, priorities and knowledge base of the Western system of mental health. With the continuing contested nature of psychiatric discourse and the work of psy-professionals, this book is a timely return to theorising the business of mental health as a social, economic, political and cultural project: one which necessarily involves the consideration of wider societal and structural dynamics including labelling and deviance, ideological and social control, professional power, consumption, capital, neoliberalism and self-governance. Featuring original essays from some of the most established international scholars in the area, the Handbook discusses and provides updates on critical theories of mental health from labelling, social constructionism, antipsychiatry, Foucauldian and Marxist approaches to critical feminist, race and queer theory, critical realism, critical cultural theory and mad studies. Over six substantive sections, the collection additionally demonstrates the application of such theoretical ideas and scholarship to key topics including medicalisation and pharmaceuticalisation, the DSM, global psychiatry, critical histories of mental health, and talk therapy. Bringing together the latest theoretical work and empirical case studies from the US, the UK, Australia, New Zealand, Europe and Canada, the Routledge International Handbook of Critical Mental Health demonstrates the continuing need to think critically about mental health and illness, and will be an essential resource for all who study or work in the field.

Leven met een borderliner Randi Kreger 2003

Het zelf en de anderen Ronald David Laing 1978 De auteur, een vooraanstaand vertegenwoordiger van de anti-psychiatrie, beschrijft de interpersoonlijke ervaring en interpersoonlijke actie, hoe de mens zichzelf ervaart en hoe de ander daarop reageert

Care of the Mentally Disordered Offender in the Community Alec Buchanan 2017-10-05 This revised and updated edition of Care of the Mentally Disordered Offender in the Community provides a comprehensive, evidence-based guide to theory and practice. The social and clinical context within which mental health care is provided to offenders in community settings has changed significantly in recent years. An increasing proportion of all mental health care is provided in the community and our knowledge of the links between violence and mental illness has advanced. Existing psychological and pharmacological treatments have been refined and new treatments have been introduced. Epidemiological and intervention-based research has evaluated these changes and suggested new avenues for clinical development. Over three sections, the second edition of Care of the Mentally Disordered Offender in the Community explores the key areas of the field. Part 1 describes the social, administrative and clinical context within which care is now given. Part 2 discusses treatment and the evaluation of violence risk when determining the most appropriate treatment. Part 3 explores psychiatric services and their relationship with other agencies. The text has been updated to cover recent developments in theory and practice. New chapters have been added that cover US provision for people with mental disorders leaving prison, the community management of sexual offenders, the relationship between care and coercion and the treatment of personality disorders. Written by a global team of experts, the book provides critical insights into the social, clinical, and institutional aspects of an increasingly important part of psychiatric community care.